# COO MidlandsIreland.ie gateway to growth

Remote Working & Co-Working Spaces, Incubation facilities and Enterprise Centres in the Midland Region





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# www.midlandsireland.ie







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The Midlands Regional Enterprise Plan to 2020 was launched on February 6th 2019. This plan seeks to increase the potential of the Midland Region to grow business, foster resilience, and create new employment opportunities, whilst bringing the unemployment levels to within 1% of the state average, **ensuring that a greater number of people both work and live in the Midlands**; and to see an improvement in labour force participation, especially amongst females, towards the national average.



# The plan has identified 7 strategic development objectives to enable the region to reach its potential.



Ensure that the Midlands is well positioned to address the challenges posed by the transition to a low carbon economy and renewable energy



Leverage opportunities in big data and data analytics from iLOFAR



Position and support the Midlands as an advanced manufacturing centre of excellence



Enhance the collective offering of the Midlands as a place to live, work, and invest in



Strengthen the attractiveness of the Midlands as a destination to visit



Harness the potential of the food and beverage industry in the Midlands



Ensure the availability of **skills and talent** to realise the Region's economic potential and **address upskilling requirements** 

### Audit of Midlands Co-working Facilities

This Audit of Co-working Space in the Midland Region is a specific action under Objective 4: Enhance the Collective Offering of the Midlands as a place to live, work and invest in.

This audit will assist in the identification of gaps and to assist in establishing a mechanism for networking these facilities as a collective offering to potential clients looking to relocate outside of the main cities or to offer their existing staff the option of a working in a location closer to where they live, thus providing a better work life balance. According to the 2016 Census almost 24,000 people leave the region every day for work or education reasons.



### Summary of Co-working Facilities in the Midland Region

The following table provides an overview of current (and planned facilities), which outlines the 'regional offering'.

Name of Facility		Hot Des				ce Space	Indust	rial Unit / hen Unit		ting Room	Board Room
	No of desks	Cost per day	Cost per month	No of Offices	Cost per day	Cost per month	No of units	Cost per month	No of units	Cost per day	Cost per day
The Kitchens		€80					3				
WebMill	35	€20	€250	3							
Innovation Hub @ PEC	10	€15	€195	2 X (4 No fixed desks)	-	€275 (6 mths)	€250 (12 mths)		Ch	/arious arges on ning Room	
Portarlington Enterprise Centre (PEC)				4		€500	8 No. 600 sq ft 3 No. 1,200 sq ft	€600 €900			1 available free to tenants
Portlaoise Enterprise Centre	5		€150	9		From €300	6	From €300	1	Free to client businesses	Free to client businesses
Vision 85 Hub	18			4							
Edgeworthstown Enterprise Centre	6			500 ft <sup>2</sup>							
LIADH Building (Longford Innovation & Digital Hub)	20			6000 ft <sup>2</sup>							
STREAM Creative Suite	12								1		1
Edenderry Digital Hub **	15										

### Summary of Co-working Facilities in the Midland Region

Name of Facility		Hot Des	k	Individ	ual Offic	ce Space		rial Unit / 1en Unit	Mee	ting Room	Board Room
	No of desks	Cost per day	Cost per month	No of Offices	Cost per day	Cost per month	No of units	Cost per month	No of units	Cost per day	Cost per day
Ferbane Food Campus											
The Junction	11	€10	€170	4	-	€220 +	-	-	1	€35 half day €70 Full day	The Junction
Athlone Community Development Association T/A				16 units	€75	€250 pm to €400 pm	1 unit	In Use	2 units	€15ph/ €75 per day	1 unit
Midlands Innovation & Research Centre (MIRC)***	16			13					1		
Castlepollard Enterprise Centre				2		€251.12	5	€331.66- €618.75	2	Included in annual rent	Included in annual rent
Midland Business Hub**	29								1		
e-working centre Mullingar	16	€15	€200							council meeting rooms FoC;	
Mullingar Enterprise Centre				14							
Mullingar Enterprise, Technology & innovation Centre				12							
Regional					59						
Total No o				on :	102 83						
Total Number of Offices 83											

\*Available Q1 2020 | \*\*Available Q4 2019 | \*\*\*2019 Planned expansion of 900m<sup>2</sup>

#### Mountmellick

Facility Name:	The Kitchens
Facility Manager:	Paddy Buggy
Email Manager:	PaddyBuggy@mountmellickdevelopment.com
Phone Number:	057 86 24525
Address Including Postcode:	Irishtown, Mountmellick, County Laois R32 A0PK
Facility Details:	3 Kitchens, 1 Bakery, 1 Demo Kitchen, Toilets, Access to hot
	desk, Free Parking, On campus Restaurant & Creche
Current Availability:	Available Q2 2019
Broadband Speed:	Hot Desk 70 MB
Day rate	€80+
Opening hours	8 -18.00 and by arrangement

#### Mountmellick

Facility Name:	Webmill
Facility Manager:	Paddy Buggy
Email Manager:	PaddyBuggy@mountmellickdevelopment.com
Phone Number:	057 86 24525
Address Including Postcode:	Irishtown, Mountmellick, County Laois R32 A0PK
Facility Details:	35 desks. 3 large office spaces, Kitchenette, Toilets, Chill area,
	Free Parking, On-Campus Restaurant & Creche
Current Availability:	Available from early December 2018
Broadband Speed:	100 MB (upload & download) dedicated link with fibre back up
Day rate	€20
Monthly rate	€250
Opening hours	8-18.00 and by arrangement outside of this.

#### Portarlington

Facility Name:	Portarlington Enterprise Centre & Innovation Hub@PEC
Facility Manager:	Mary Keogh
Email Manager:	mary.keogh@pec.ie / info@pec.ie
Phone Number:	057 86 45405 / Mobile: 089 700 7290
Address Including Postcode:	Canal Rd, Portarlington Business Park, Portarlington, County Laois R32XD4F
Facility Details:	Purpose built building providing a mix of office space and industrial units 3 x 1200 sq ft Units with office 8 x 600 sq ft Units with office 4 x 220 sq ft Offices 1 x Board Room 2 x 220 sq ft designated office (4 No. Desks)* 10 x Hot Desks (Co-working area) 1 x Digital Training Room > up to 25 people 1 x Practical Training Room on ground floor MakerSpace (digital fabrication equipment to facilitate skills and business development) 2 x Kitchens
	Breakout Area Parking Spaces Printing, Binding and Laminating Services
Current Availability:	10 Hot Desks (bookings made online @ www.pec.ie)
Broadband Speed:	Portarlington Enterprise Centre Download (57.38 Mb/s) Upload (19.09Mb/s) MakePort Innovation Hub Down - Download (95.76Mb/s) Upload (18.78 Mb/s)
Day rate	€15.00 per day / €60.00 per week / €195.00 per month
Monthly rate	*Designated Desk: €275.00 per month / 6 months * €250.00 per month / 12 months
Opening hours	Office Hours - 9:00 - 17.30 Residents - 24/7 access

#### Portlaoise

Facility Name:	Portlaoise Enterprise Centre
Facility Manager:	Patricia Frayne, B.A., F.C.A.
Email Manager:	patriciafrayne@enterprisecentre.ie
Phone Number:	057 86 88714
Address Including Postcode:	Clonminam Business Park, Portlaoise, Co. Laois, R32 DW97
Facility Details:	Purpose built building providing a mix of office space and industrial units21,200 sq. Ft. Comprising 5 hot-desks, 9 small offices, 6 industrial units and a training room
Current Availability:	Development plans exist for all other vacant space
Broadband Speed:	E-fibre
Monthly rate	€150
Opening hours	9-1pm and by arrangement







# Laois

#### Portlaoise

Facility Name:	Vision 85 Hub
Facility Manager:	Eamon Callaghan
Email Manager:	vision85hub@gmail.com
Phone Number:	0852234444
Address Including Postcode:	Clonminam Business Park, Portlaoise, County Laois
Facility Details:	Hot desk, Cubicle hire, office hire. Conference space under construction which will also include a coffee shop. Parking spaces and security gates. High quality WiFi.
Current Availability:	<ul><li>18 hot desk spaces available.</li><li>4 small cubicles</li><li>4 offices</li><li>Additional hot desks and office space planned for Q4 2019.</li></ul>
Broadband Speed:	Vodafone sponsored. 100mb straight to each unit
Day rate	Varies. Call 085 22 34444 to discuss
Monthly rate	Varies. Call 085 22 34444 to discuss
Opening hours	8.30am - 6pm But can cater for additional hours

# Longford

#### Edgeworthstown

Facility Name:	Edgeworthstown Enterprise Centre
Email Manager:	info@leo.longfordcoco.ie
Phone Number:	043 33 43346
Address Including Postcode:	LEO Longford, Longford County Council, Great Water Street, Long- ford N39 NH56
Facility Details:	6 hot desks and 500 square ft office space
Current Availability:	Available Q1 2020

#### Longford Town

Facility Name:	LIADH Building (Longford Innovation & Digital Hub)
Email Manager:	info@leo.longfordcoco.ie
Phone Number:	043 33 43346
Address Including Postcode:	LEO Longford, Longford County Council, Great Water Street, Long- ford N39 NH56
Facility Details:	20 hot desks and 6,000 square foot office space
Current Availability:	Available Q1 2020

#### Birr

Facility Name:	STREAM Creative Suite (Science, Technology, Research, Engineering, Arts & Maths)
Facility Manager:	Caroline Spollen
Email Manager:	caroline@thejunctionoffaly.ie
Phone Number:	087-8397729
Address Including Postcode:	Birr Technology Centre, Birr Road, Drumbane, Birr, County Offaly
Facility Details:	Hot desks, office space, and IT Training Room for 12 people
Current Availability:	Q4, 2019
Broadband Speed:	Up to 100 Mbs
Day rate	TBC
Monthly rate	€200 a month for hot desk, €150 per day for rental of IT Train- ing Room
Opening hours	TBC

#### Edenderry

Edendenty	
Facility Name:	Edenderry Digital Hub
Facility Manager:	Caroline Spollen
Email Manager:	caroline@thejunctionoffaly.ie
Phone Number:	087-8397729
Address Including Postcode:	Town Hall, Edenderry, County Offaly
Facility Details:	15 hot desks
Current Availability:	Q4 2019

# Offaly

#### Ferbane

Facility Name:Ferbane Food CampusFacility Manager:Oonal EganEmail Manager:085-8776098Address Including Postcode:Ferbane Food CampusFerbane Sunce S		
Email Manager:donal@ferbanefoodcampus.iePhone Number:085-8776098Address Including Postcode:Ferbane Food Campus Ferbane Business and Technology Park Aughaboy, Ballycumber road, Ferbane County Offaly R42YP98Facility Details:Ferbane Food Campus is a state of the Art Time-share Kitchen Rental and Training Facility. The Facility consists of two High spec HACCP approved time-share kitchens which include a demo kitchen, training room and 3 new state of the art stand- alone commercial kitchens with several adjoining sites available for development or expansion of future food businesses. Supports and services onsite include Brosna Press a Print and Design Company, Optimum Solutions, a website developer, Glass Innovations bottled packaging and graphic design, Gael Pac Food Production commercial kitchen units unit 1=350sqft unit 2=550sqft communal office space 4 desks, canteen, changing room, sluice room, toilets 1 x Timeshare kitchens 250sqftBroadband Speed:0-2, 2-8mbs max very poorDay rate€150 timeshare kitchen unitMonthly rateUnit 1=6350 for 350sqft Unit 2 =€550 for 550sqft or €900 for bothOpening hoursOpening hours: 24/7 kitchen usage	Facility Name:	Ferbane Food Campus
Phone Number:085-8776098Address Including Postcode:Ferbane Food Campus Ferbane Business and Technology Park Aughaboy, Ballycumber road, Ferbane County Offaly R42YP98Facility Details:Ferbane Food Campus is a state of the Art Time-share Kitchen Rental and Training Facility. The Facility consists of two High spec HACCP approved time-share kitchens which include a demo kitchen, training room and 3 new state of the art stand- alone commercial kitchens with several adjoining sites available for development or expansion of future food businesses. Supports and services onsite include Brosna Press a Print and Design Company, Optimum Solutions, a website developer, Glass Innovations bottled packaging and graphic design, Gael Pac Food Packaging, a Creche Facility Bright Beginnings and mentoring support and advice.Current Availability:2 Food Production commercial kitchen units unit 1=350sqft t communal office space 4 desks, canteen, changing room, sluice room, toilets 1 x Timeshare kitchens 250sqftBroadband Speed:0-2, 2.8mbs max very poorDay rate€150 timeshare kitchen unit Unit 1=€350 for 350sqft Unit 2=€550 for 550sqft or €900 for bothOpening hours0pening hours: 24/7 kitchen usage	Facility Manager:	Donal Egan
Address Including Postcode:Ferbane Food Campus Ferbane Business and Technology Park Aughaboy, Ballycumber road, Ferbane County Offaly R42YP98Facility Details:Ferbane Food Campus is a state of the Art Time-share Kitchen Rental and Training Facility. The Facility consists of two High spec HACCP approved time-share kitchens which include a demo kitchen, training room and 3 new state of the art stand- alone commercial kitchens with several adjoining sites available for development or expansion of future food businesses. Supports and services onsite include Brosna Press a Print and Design Company, Optimum Solutions, a website developer, Glass Innovations bottled packaging and graphic design, Gael Pac Food Packaging, a Creche Facility Bright Beginnings and mentoring support and advice.Current Availability:2 Food Production commercial kitchen units unit 1=350sqft tommunal office space 4 desks, canteen, changing room, sluice room, toilets 1 x Timeshare kitchens 250sqftBroadband Speed:0-2, 2-8mbs max very poorDay rate€150 timeshare kitchen unit Unit 1=€350 for 350sqft Unit 2=€550 for 550sqft or €900 for bothOpening hours0pening hours: 24/7 kitchen usage	Email Manager:	donal@ferbanefoodcampus.ie
Ferbane Business and Technology Park Aughaboy, Ballycumber road, Ferbane County Offaly R42YP98Facility Details:Ferbane Food Campus is a state of the Art Time-share Kitchen Rental and Training Facility. The Facility consists of two High spec HACCP approved time-share kitchens which include a demo kitchen, training room and 3 new state of the art stand- alone commercial kitchens with several adjoining sites available for development or expansion of future food businesses. Supports and services onsite include Brosna Press a Print and Design Company, Optimum Solutions, a website developer, Glass Innovations bottled packaging and graphic design, Gael Pac Food Packaging, a Creche Facility Bright Beginnings and mentoring support and advice.Current Availability:2 Food Production commercial kitchen units unit 1=350sqft unit 2=550sqft communal office space 4 desks, canteen, changing room, sluice room, toilets 1 x Timeshare kitchens 250sqftBroadband Speed:0-2, 2-8mbs max very poorDay rate€150 timeshare kitchen unitMonthly rateUnit 1 =€350 for 350sqft Unit 2 =€550 for 550sqft or €900 for bothOpening hoursOpening hours: 24/7 kitchen usage	Phone Number:	085-8776098
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Init 1=350sqft unit 2=550sqft communal office space 4 desks, canteen, changing room, sluice room, toilets 1 x Timeshare kitchens 250sqftBroadband Speed:0-2, 2-8mbs max very poorDay rate€150 timeshare kitchen unitMonthly rateUnit 1=€350 for 350sqft Unit 2=€550 for 550sqft or €900 for bothOpening hoursOpening hours: 24/7 kitchen usage	Facility Details:	Ferbane Food Campus is a state of the Art Time-share Kitchen Rental and Training Facility. The Facility consists of two High spec HACCP approved time-share kitchens which include a demo kitchen, training room and 3 new state of the art stand- alone commercial kitchens with several adjoining sites available for development or expansion of future food businesses. Supports and services onsite include Brosna Press a Print and Design Company, Optimum Solutions, a website developer, Glass Innovations bottled packaging and graphic design, Gael Pac Food Packaging, a Creche Facility Bright Beginnings and
Day rate   €150 timeshare kitchen unit     Monthly rate   Unit 1 =€350 for 350sqft     Unit 2 =€550 for 550sqft or €900 for both     Opening hours   Opening hours: 24/7 kitchen usage	Current Availability:	unit 1=350sqft unit 2=550sqft communal office space 4 desks, canteen, changing room, sluice room, toilets
Monthly rate Unit 1 =€350 for 350sqft   Unit 2 =€550 for 550sqft or €900 for both   Opening hours Opening hours: 24/7 kitchen usage	Broadband Speed:	0-2, 2-8mbs max very poor
Unit 2 =€550 for 550sqft or €900 for both   Opening hours Opening hours: 24/7 kitchen usage	Day rate	€150 timeshare kitchen unit
	Monthly rate	
	Opening hours	



# Offaly

#### Tullamore

Facility Name:	The Junction – Business Innovation Centre
Facility Manager:	Caroline Spollen
Email Manager:	caroline@thejunctionoffaly.ie
Phone Number:	087-8397729
Address Including Postcode:	Business Innovation Centre, 19H Axis Business Park, Clara Road, Tullamore, County Offaly R35 P285
Facility Details:	4,200 sq. ft facility, designed and fitted out as a dedicated busi- ness innovation centre, providing: hot desk facilities, office space, business training and mentoring, and facilities for people to develop ideas and business.
Current Availability:	11 desks that are available in a co-work open plan office Hot-Desk @€10 p/d Dedicated Desk @ €170p/m
Broadband Speed:	Upto 100Mbs
Day rate	€10 hot-desks p.d. Meeting room hire is €35 half day & €70 full day
Monthly rate	Starting at €170
Opening hours	Hot Desk Mon-Fri 9 -17.30 Dedicated Desk 24/7 access







#### Athlone

Facility Name:	Athlone Community Development Association T/A ACT
Facility Manager:	Alan Coffey
Email Manager:	manageract@eircom.net
Phone Number:	090 64 94555
Address Including Postcode:	Business Development Centre, Parnell Square, Athlone, County Westmeath N37 C8W6
Facility Details:	20 units providing a mix of Private Offices, Meeting Rooms, Board- room, Training Rooms. Photocopying, Car Parking, and Canteen Facilities also available.
Current Availability:	7 offices and meeting rooms available to rent
Broadband Speed:	100 mbps
Day rate	€15 per hour, €75 per day
Monthly rate	Depending on sq ft the range is from €250 to €400 pm
Opening hours	Core Hours are 9 to 5. Tenants have access to their units $24/7$

#### Athlone

Facility Name:	Midlands Innovation and Research Centre (MIRC)
Facility Manager:	Michael Lonergan
Email Manager:	mlonergan@ait.ie
Phone Number:	090 6471882
Address Including Postcode:	AIT, Dublin Road, Athlone, County Westmeath N37 F6D7
Facility Details:	Wi-Fi, Meeting Room, Boardroom, Reception, Kitchen, Parking No of Co-Working Spaces: 16 No of Offices: 13 Size of Facility: 800m2 (expanding by 900m <sup>2</sup> in 2019)
Broadband Speed:	100Mbps
Opening hours	8am - 10pm

#### Castlepollard

Facility Name:	Castlepollard Enterprise Centre
Facility Manager:	Liam Higgins
Email Manager:	lhiggins@westmeathcoco.ie
Phone Number:	044 9332275
Address Including Postcode:	Innova Business Park, Water Street, Castlepollard, County Westmeath N91 K5PT
Facility Details:	7 Industrial/ Office Units -(5 Ground floor industrial type Units with roller shutter doors; 2 first floor office type units) Meeting Rooms Boardroom
Broadband Speed:	50MB- Infrastructure is in place for broadband connection but tenant must arrange own connection with service providers
Monthly rate	Rental charge per square ft under annual license agreement. Use of boardroom and meeting rooms included in rental charge.
Opening hours	8-18.00 7 days per week

#### Mullingar

Facility Name:	Midland Business Hub
Facility Manager:	Caroline Linnane
Email Manager:	caroline@mbhub.ie
Phone Number:	044 93 81050
Address Including Postcode:	2 Dominick Street, Mullingar, County Westmeath N91 KD21
Facility Details:	9 desks in total and individual offices available. Meeting room and boardroom also onsite. Q4 2019 an additional 20 hot desks and mixed office space will become available to cater for an additional 60 people.
Current Availability:	3 desks currently available
Broadband Speed:	Available but through private connection for LT users. WiFi for hot desk use. Boardroom also available.
Monthly rate	Starting at €195
Opening hours	24hrs / 365 days

#### Mullingar

Facility Name:	e-Working Centre Mullingar
Facility Manager:	Bernie Ginnell
Email Manager:	bernadette.ginnell@westmeathcoco.ie
Phone Number:	044 93 38945
Address Including Postcode:	Áras an Chontae Mullingar Co. Westmeath N91 FH4N
Facility Details:	16 Co-Working Spaces/Hot Desks in open plan offices with 2 to 3 desks per office.
Broadband Speed:	10mb per user
Day rate	€15
Monthly rate	€200
Opening hours	9.00am to 5pm Mon to Thurs 9.00am to 4.45pm Fri

#### Mullingar

Facility Name:	Mullingar Enterprise Centre
Facility Manager:	Michael Ward
Email Manager:	mward@meag.ie
Phone Number:	044 93 43444
Address Including Postcode:	Bishopsgate Street, Mullingar, County Westmeath N91 HX62
Facility Details:	18 units
	10 upstairs units suitable for office only
	7 ground level office/workshop
	1 café/kitchen
Current Availability:	Full to capacity
Broadband Speed:	Up to 100mbs available depending on provider
Day rate	n/a
Monthly rate	varies
Opening hours	24/7 – tenants have independent access

#### Mullingar

Facility Name:	Mullingar Enterprise, Technology & Innovation Centre
Facility Manager:	Michael Ward
Email Manager:	mward@meag.ie
Phone Number:	044 93 43444
Address Including Postcode:	Clonmore Business Park, Mullingar, County Westmeath N91 CY95
Facility Details:	12 units of varying size and utility including office space and light industrial. Units above include a 2000 square foot Commercial Bakery and similar size Artisan Coffee Roaster Meeting Rooms Shared Canteen
Current Availability:	Full to capacity
Broadband Speed:	Up to 100mbs available
Day rate	n/a
Monthly rate	varies
Opening hours	24/7 - tenants have independent access

# COO MidlandsIreland.ie gateway to enterprise

## **Contact Us Today:**

Midlands Regional Enterprise Plan to 2020 c/o Áras an Chontae, Charleville Road, Kilcruttin, Tullamore, County Offaly, R35 F893

Tel: 057 93 46874







Supported by LEOs in Laois, Longford, Offaly & Westmeath



Údaráis Áitiúla Éireann Local Authorities Ireland